

ADULT CO-ED VOLLEYBALL



ROSWELL

Parks & Recreation ®

RULES AND REGULATIONS & REGISTRATION FORM

Roswell Recreation Department
Roswell Recreation & Aquatic Center
Revised September 2019

CO-ED VOLLEYBALL RULES AND REGULATIONS

STATEMENT OF SPORTSMANSHIP:

Sportsmanship cannot be emphasized enough! Direct physical violence or verbal abuse against another person will not be tolerated. If a coach, player participant, official or spectator cannot, or, is unwilling to conduct themselves in a responsible manner, they shall not be a part of the program and will be dealt with by the League Board. Failure to comply with the league's Statement of Sportsmanship may jeopardize an individual's use of the facilities in the future.

STATEMENT OF UNACCEPTABLE BEHAVIOR AND SANCTIONS:

At any league sponsored activity, any person, to include coaches, officials, players, participants or spectators, who instigates any intentional act of direct physical violence or verbal abuse against another person shall be barred from attending any league sponsored activity for a period of not less than one (1) month nor more than one (1) year. The league governing board, after determining that an individual has instigated an intentional act of direct physical violence or verbal abuse against another person shall censure the individual. Direct physical violence shall include, but is not limited to hitting, pushing, shoving, kicking or spitting. Direct verbal abuse shall include, but is not limited to, berating, belittling, cursing, and generally unacceptable language.

Coed Volleyball Rules

1. To begin the game there must be at minimum three players present. One of the team members must be of the opposite sex (2 females 1 male or 2 males 1 female.)
2. All players must be listed on roster prior to play.
3. Game time is forfeit time.
4. If a ball is hit by a team three times, then one of those times must be by a player of the opposite sex.
5. There will be no blocking of the serve.
6. Rotation must alternate in gender.
7. Each team must remain in the same serving rotation. If they change positions while the ball is in play and forget to rotate back before the ball is served they will be penalized when the ball is served. The opposing team will receive a point and the serve.
8. When there are only 3 players there is no back row.
9. If there are 3 men and 3 women present from the roster, they must be on the court. A female cannot substitute for a male or a male cannot substitute for a female.
10. A serve hitting the net and going over is in play.
11. Match will be the best 2 out of 3 games. The first 2 games will be rally scoring to 25 (Win by 2) with the 3rd game (if necessary) being rally scoring to 15 (win by 2).
12. Match time will be 45 minutes. If the match is not over at the 45-minute mark, the team ahead by points will be the winner of that match.
13. While crossing the net the ball must be between the antennas without making any contact with the antennas
14. Blocking a ball which is entirely on the opponent's side of the net is permitted when the opposing team has had an opportunity to complete its attack. The attack is complete when the:
 - A. Attacking team has completed 3 allowable hits;
 - B. Attacking team has had the opportunity to hit the ball or in the official's judgment, directs the ball with the intent to return it to the opponent's court.
15. If the setter is attempting to set ball close to the net the opposing team cannot attack the ball.
16. One time out per game.